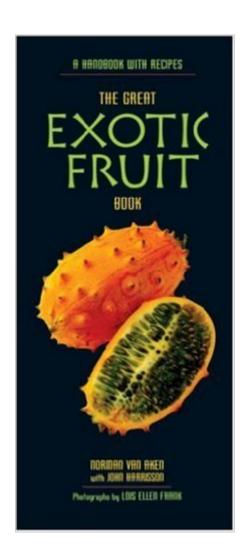
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The Great Exotic Fruit Book: A Handbook With Recipes





Synopsis

The definitive guide to exotic fruit; includes delightfully innovative recipes.

Book Information

Paperback: 160 pages

Publisher: Ten Speed Press (June 1, 1995)

Language: English

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Product Dimensions: 10.4 x 4.6 x 0.5 inches

Shipping Weight: 10.4 ounces

Average Customer Review: 4.4 out of 5 stars Â See all reviews (7 customer reviews)

Best Sellers Rank: #672,577 in Books (See Top 100 in Books) #247 in Books > Cookbooks,

Food & Wine > Cooking by Ingredient > Fruits

Customer Reviews

This is a beautiful book of lovely photographs and tempting recipies. Great for summer parties & cook outs. Mango and guava are my favorites & there are wonderful recipies for these in the book. Could also be used as a "Coffee Table" Book because of the attractive photography.

Van Aken is lauded by the likes of Emeril Lagasse as being a true pioneer in a new cuisine which fuses American-Caribbean-Pacific Rim foods into exciting new taste combos. Significant in this cuisine is the use of tropical fruit, so Van Aken has been experimenting. Here we garner the fruits of his research on fruits, with this guide. He also prepared the colorful posters which one can obtain, deatialing the two categories of tropical and sub-tropical varieties. This is from a series of such works put out by Ten-Speed Press, one of my personal favorite cookbook pubs. They do Trotters, et al. This is another of their fine "The Great ... series," also I enjoy their one on pears and am awaiting the one on mangoes. They go through all the types and then provide recipes, here on drinks and salsas, and desserts, etc. Fine reference work for those of us who like to find exotic, different components to cook with. This and his wonderful cookbook "New World Cuisine" will get a workout at my kitchen.

Somehow I thought the book would have more substance to it when ordering. The book is mainly a picture book of pretty color photographs of fruits with a few recipes on the author's preferred method

of eating. It's neat to picture rare fruits I had not heard of before, but it is not a guide on how to grow the plants, it just has pictures and some recipes.

Purchased this for my great grand-daughter (11 years old) - she took it to school and shared with all the other kids - was a great hit!!!

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